

September Food Menu 2023

4

Labor Day

11 Breakfast: Breakfast Bagel Sandwich, Bacon Egg and Cheese, Fruit, Milk

Lunch:

Chicken Cordon Bleu, Rice Pilaf, Seared Veggies

18 Breakfast: Ham Steak, Hash Brown, Egg, Milk

Lunch: Broccoli Beef, Steam rice, Veggie Egg Roll, Sweet n Sour Sauce

25 Breakfast: Banana Pancakes, Bacon, Breakfast potatoes

Lunch: Combo Burrito, Pico de Gallo, Rice, Churro, Pear

5 Breakfast: Breakfast Burrito, Orange slices, Pineapple Juice

Lunch: Beef Taquitos, Rice, Frijoles, Guacamole

12 Breakfast: Ham and Cheese Croissant, Apple, Grape Juice

Lunch: Chile Verde, Rice, Beans

19 Breakfast: Cheese omelet, Sausage Patty, Melon, Juice

Lunch: Flautas, Rice, Fiesta Veggies

26 Breakfast: Oatmeal, Raisin, Mixed Berries, Apple Juice

Lunch: BBQ Chicken Sandwich, Coleslaw, Watermelon

6 Breakfast: Belgium Waffle, Sausage, Fruit, Blueberry Whip Cream

Lunch: Chicken Strips, Mac & Cheese, Watermelon

13 Breakfast: Waffle(Pearl Sugar), Bacon, Berries, Orange Juice

Lunch: Meatball Sandwich, Pasta Salad, Seared Baby Carrots

20 Breakfast: Fruit Tart, Yogurt, Milk

Lunch: Fried Chicken, Macaroni Salad, Hawaiian Roll, Pineapple

27 Breakfast: French Toast, Bacon, Peach Slices, Apple Juice

Lunch: Crispy Chicken Sandwich, Salad, Fresh Fruit,

Special : Artisan Macaron

7 Breakfast Hash Brown, Bacon, Egg, Orange Juice

Lunch: Grilled Chicken Sandwich Salad, Fresh Fruit, Otter Pops

14 Breakfast: Sunrise Sandwich, Fruit, Juice

Lunch: Chicken/ Beef Fajitas, Rice, Beans

21 Breakfast: Scrambled egg, bacon, Breakfast Hash

Lunch: Philly Cheese Steak, Veggies, Fresh Fruit

28 Breakfast: Breakfast Sandwich, Fruit, Juice

Lunch: Ham and Cheese Sandwich, Carrot & Celery, Chips

Special: Triple Layer S'mores Bar

1 Breakfast: Coco Puffs, Apples, Milk

Lunch:

BBQ Beef Sliders, Potato Salad, Fresh Fruit

8 Breakfast: Cereal, Banana, Milk

Lunch:

Pizza Bread, Spring Salad, Mixed Fruit (Fresh)

15 Breakfast: Honey Nut Cheerios

Lunch:

Cheeseburger, Baked Potato Salad, Fresh Fruit

Special: Chocolate Twist

22

Native American Day

29 Breakfast: Banana Nut Muffin, Milk, Fruit cup

Lunch: Pepperoni Calzone, Salad, Fresh Fruit